

*5 Things to Help Talk About...*

# ...Lasting Power of Attorney



**Short Read: Giving Someone Power of Attorney [NHS Website]**

<https://www.nhs.uk/conditions/social-care-and-support-guide/making-decisions-for-someone-else/giving-someone-power-of-attorney/>

A concise overview of what Lasting Power of Attorney (LPA) is and how to apply.



**Long Read: Power of Attorney: The One-Stop Guide: All you need to know: granting it, using it or relying on it [Sandra McDonald]**

<https://www.amazon.co.uk/dp/1788164636/>

A comprehensive overview of all aspects relating to Lasting Power of Attorney from an author who was the Public Guardian for Scotland for 14 years. Therefore the book is underpinned by a wealth of knowledge and experience.



**Listen: AgeSpace Podcast Episode #5 - Lasting Powers of Attorney**

<https://www.agespace.org/podcast/discussing-lasting-powers-of-attorney>

This podcast gives a helpful overview of the topic and is presented clearly with no jargon. The speaker uses lots of real-life stories and examples to explain why it is such an important document for people of all ages. (13 mins 20 seconds)



**Watch: Why everyone over 40 needs a Lasting Power of Attorney [Killick & Co]**

<https://www.youtube.com/watch?v=fMBDLjdWt6s>

A short (6 mins 46 seconds) but comprehensive and easy to understand video on the key aspects of Lasting Power of Attorney in the UK.



**Organisation: Office of the Public Guardian**

<https://www.gov.uk/government/organisations/office-of-the-public-guardian>

The official UK government organisation responsible for the administration of Lasting Power of Attorney and where you can complete your application online.